



1st INTERNATIONAL CONFERENCE

THEORY AND PRACTICE IN ADAPTED PHYSICAL ACTIVITY

16th OF SEPTEMBER 2009 JÓZEF PIŁSUDSKI UNIVERSITY OF PHYSICAL EDUCATION IN WARSAW

PROGRAM

8.00 Registration (hall of the Main Building)

Plenary Session

Aula

Chairmen: prof. Krzysztof Klukowski and prof. Andrzej Kosmol

- 9.30 Opening ceremony
- 9.35 prof. Andrzej Kosmol *"The development of the theory and practice of Adapted Physical Activity"*
- 9.55 prof Aleksander Ronikier *"Adapted Physical Activity (APA) in physiotherapy"*
- 10.15 prof. Yves Vanlandewijck *"Evidence-based classification in wheelchair sports"*
- 10.45 Ass. Prof. Aija Klavina *"Preparing for inclusion in general physical education"*
- 11.15 prof. Stanisław Kowalik *"In search of new theoretical foundations for adapted physical activity"*
- 11.35 Ass. Prof. Martin Kudlacek *"European inclusive physical education training"*
- 12.05 dr Joanna Sobiecka *"Phenomenon of Integration of Polish Paralympic Sport with the Sporting Community of Able-Bodied Persons"*

12.25 – 12.45 coffee break (hall next to Aula)

Seminary THENAPA II – paralel to Session 1

Aula

Chairmen: prof. Stanisław Kowalik and dr Izabela Rutkowska

- 12.45 Otwarcie seminarium
- 12.50 dr Natalia Morgulec-Adamowicz *"THENAPA II in Europe and Poland"*
- 13.05 prof. Ewa Kozdroń *"Physical activity and successful ageing"*
- 13.25 dr Michał Myck *"Physical activity patterns of European 50+ populations: how much are differences in life style due to differences in characteristics and how much due to 'healthy habits'?"*
- 13.55 dr Sylwia Mętel *"The influence of 6-months sensomotoric training on physical performance in the elderly"*

Session 1 – paralel to Seminary THENAPA II

Lecture Hall 2

Chairmen: prof. Eugeniusz Bolach and dr Joanna Sobiecka

- 12.45 mgr Grzegorz Czajkowski *"Sport activities for children and youth with intellectual dysfunction as a form of their motorial and social rehabilitation"*
- 12.55 dr Anna Mayer *"The relation between educational, social and professional activities and physical recreation undertaken by people with a dysfunction of the motor organ"*
- 13.05 dr Marta Wieczorek *"Improving children with down syndrome when using the Veronica Sherborne method"*
- 13.15 mgr Adam Wodecki *"Sport as element of activation individuals with spinal cord injury"*
- 13.25 dr Bartosz Molik *"Motivation of persons with disabilities to play wheelchair basketball"*
- 13.35 dr Skowroński Waldemar *"The characterization of interests of boys and girls of participants Onkoolimpic"*
- 13.45 dr Dariusz Rutkowski *"Unoptical equipment in alpine skiing of people with poor sight"*
- 13.55 dr Waldemar Makuła *"Physical Activity of Polish, Czech and British Seniors"*
- 14.05 Discussion

14.15 – 14.45 Open Assembly of PTN-AAF members**Aula****14.45 – 15.30 lunch break (Club RELAX)**

Practical Session of Seminary THENAPA II**Club FOREST**

Chairman: prof. Ewa Kozdroń

15.30 – 16.15 dr Sylwia Mętel will lead session of sensorymotor exercises for Third Age University

Session 2 – parallel to Poster session**Aula**

Chairmen: prof. Irena Celejowa and dr Ryszard Plinta

- 16.15 dr Dariusz Pośpiech *"Total fatness and fatty tissue distribution in the female students of the Third Age University in Katowice and Chorzow"*
- 16.25 dr Rafał Rowiński *"Physical activity of senior women in Bielany according to the Seven - Day Recall PA Questionnaire"*
- 16.35 dr Bartosz Bolach *"Influence of physical activity on body posture in young people with visual impairment"*
- 16.45 prof. Gierasiewicz Anatol *"The motivational structure of participation of persons with the limited opportunities in work of specialized club"*
- 16.55 dr Tomasz Zegarski *"Influence of 12 week Nordic walking training program on subjective self-assessment of health state, physical form and quality of life of 60-70 years old women"*
- 17.05 dr Marek Żak *"The influence of habitual physical activity on individual functional capability in the elderly living in different environments"*
- 17.15 mgr Beata Kucharczyk *"Estimation of a level of activities of daily living (ADL) of the people with disabilities after strokes, spinal cord injuries and traumatic brain injuries - review of the literature"*
- 17.25 Discussion

Poster session – parallel to session 2**Hall next to Aula**

Chairmen: prof. Elżbieta Hübner-Woźniak and dr Bartosz Molik

16.15 – 17.35

- dr Alicja Danielenko *"The willingness of students of different specializations of the specialty physical culture to work with people with disabilities"*
- mgr Diana Dudziak *"Influence of the physical activity on physiological and psychological parameters amongst the active and disabled eldest women physically"*
- mgr Kalina Kaźmierska *"The usage of IDEEA to evaluate the level of activity of daily living (ADL) of older people, including particularly physical activity - literature review"*
- mgr Blanka Milczarek *"The influence of adaptive physical activity on cognitive performance in elderly people"*
- Regina O'Reilly *"The role of the Sports Inclusion Disability Officer in developing Sport and Physical Activity for Individuals with Disabilities in Ireland"*
- dr Tatiana Poliszczuk *"Differences in the level of physical fitness components depending on the instructor's specialty in motor recreation and instructors' lifestyle"*
- dr Izabela Rutkowska *"European best practices and policies for promotion and implementation of Adapted Physical Activity for elderly persons resulting from the THENAPA II Network"*
- mgr Wojciech Wiliński *"Femininity and masculinity of the special olympics and olympic sport disciplines opinions of the fourth year students of Wrocław University of Physical Education"*
- prof. Rajko Vute *"Teaching and coaching volleyball for the disabled - sitting volleyball syllabus"*

17.35 – 17.45 Closing ceremony**Aula**

Chairmen: prof. Andrzej Kosmol and dr Natalia Morgulec-Adamowicz