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prof. Aleksander Ronikier, AWF Warsaw

prof. Yves Vanlandevijck, Catholic University of Leuven, Belgium

Ass. Prof. Aija Klavina, Latvian Academy of Sport Education, Latvia

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Witold Rekowski, Ph.D., AWF Warsaw, PTN-AAF

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## Józef Piłsudski University of Physical Education in Warsaw Faculty of Rehabilitation



# 1st International Conference

# "Theory and practice in adapted physical activity"

16th of September 2009, Warsaw





Dear Colleagues,

I am honored inviting you to participate in 1st International Conference on "Theory and practice in adapted physical activity". Patrons of the conference are the Józef Piłsudski University of Physical Education in Warsaw, Polish Scientific Association of Adapted Physical Activity (PTN-AAF), European Thematic Network on APA (THENAPA II) and Chair of Theory and Methodology of Teaching Movement at the University of Physical Education in Warsaw. The conference will mark the celebration of 80th anniversary of Central Institute of Physical Education (later transformed into University of Physical Education in Warsaw) and 25th anniversary of our Faculty of Rehabilitation. Our conference will be accompanied by seminar on "Ageing and Disability - a New Crossing Between Physical Activity, Social Inclusion and Life-Long Well-Being" with practical session presenting sensomotor exercises for the elderly. The aim of the conference and seminar is to present research and expertise related to adapted physical activity. Following are the conference topics:

- psychosocial and educational aspects of adapted physical activity
- training and methods in Paralympic Sport
- programming and organizing physical activity for the elderly
- inclusion and integration in physical education
- education and life long learning of coaches and instructors working with individuals with special needs

Looking forward to welcoming you in our Alma Mater.

Prof. Andrzej Kosmol Chairperson of Scientific Committee

Conference place Józef Piłsudski University of Physical Education

Warsaw, ul. Marymoncka 34, Aula (main building)

Date 16th of September 2009

Presentations ■ international invited lectures (30')

■ national invited lectures (20')

oral presentation (10')

poster presentation

#### Participation with presentation

Please e-mail your abstract in Microsoft WORD format (e-mail: ptnaaf@awf.edu.pl) or send a CD with the WORD file to the Organizing Committee. Abstract should include:

- name(s) of author(s) with affiliation(s) and scientific/professional title
- title
- short description of the presentation (250 words), use Word Editor: page format A4, font Times New Roman, font size -12 pt, spacing 1,5, margins 2,5 cm
- indicate form of presentation (oral presentation or poster the final decision will be taken by Scientific Committee)
- indicate your technical requirements (data projector with PC or overhead projector)

Abstract submission deadline1.04.2009Notification of acceptance15.04.2009Manuscript submission deadline30.05.2009Final acceptance of manuscript12.07.2009

## Registration fee until 1.09.2009 is 150 PLN and includes:

conference feeconference proceedings (monography)

■ conference abstracts book
■ lunch

#### Please make the payment by Bank Transfer to PTN-AAF

Bank name: Powszechna Kasa Oszczednosci Bank Polski S.A. Bank address: ul.Mickiewicza 25, 01-551 Warsaw, Poland Account number: 70 10201026 0000 1702 0145 2291

**SWIFT: BPKOPLPW** 

**IBAN:** PL70102010260000170201452291 NOTE: "Conference PTN-AAF 2009"

### **Participation without presentation**

Please before 12.07.2009 inform organizers by e-mail (e-mail: ptnaaf@awf.edu.pl) or mail about your participation and provide information on participant name, scientific/professional title, affiliation (organization) and lunch reservation (approximate cost - 15 PLN).



Yves C. Vanlandewijck, professor in Rehabilitation Sciences at the Faculty of Kinesiology and Rehabilitation Sciences of the Catholic University of Leuven, obtained his PhD at the KULeuven in 1992. His research interests include exercise physiology, biomechanics and ergonomics, applied to locomotor disabled in a rehabilitation to elite sports continuum. He is Chairperson of the IPC Sport Science Committee of the International Paralympic Committee since 2004.



Aija Klavina, associate professor at the Academy of Sport Education of Latvia. In 1997 received European Master Degree in APA (EMDAPA) from the KULeuven, Belgium. Current areas of interest - teaching and research in inclusion of students with disabilities in PE and adapted physical education teacher competencies in APA. She is the president of the Latvian Disabled Children's and Youth Sports Federation from 1993 and Secretary of the European Federation on APA form 2006.



Joanna Sobiecka, Ph.D., Head of the Department of Disability Sports in the Faculty of Rehabilitation at AWF Krakow. Her research interests include disability sport and women sport. Vice chairperson of PTN-AAF, member of Polish Association of Rehabilitation and PKOI Commission of Women Sport. Former coach assistant of Krakow wheelchair basketball team and organizator of sports events for individuals with intellectual disability.



Martin Kudlacek, Ph.D., docent at the Palacky University in Olomouc. Current areas of interest - social-psychological dimensions of disability and sport, recreation and PE and Inclusion of people with disabilities through physical activities. He is President-elect of European Federation of Adapted Physical Activity (EUFAPA) and European representative International Federation of Adapted Physical Activity (IFAPA). Coordinator of Erasmus project European Standards in APA (EUSAPA).



Andrzej Kosmol, associate professor, Head of the Chair of Theory and Methods of Movement Teaching in the Faculty of Rehabilitation at the AWF Warsaw, president of PTN-AAF and Master Class Coach. The research areas of interest – specificity of sport training process in individuals with disabilities and new technologies in the process of sports training control.



Aleksander Ronikier, professor in Physical Culture Sciences, Head of the Department of Physiology and Functional Diagnostics in the Faculty of Rehabilitation at the AWF Warsaw. His area of research interest is physiology of individuals with disabilities. Vice President of PKOI, member of Committee of Rehabilitation, Physical Culture and Social Inclusion at the Polish Academy of Science, Editor of "Advances in Rehabilitation".



**Ewa Kozdroń,** associate professor, Head of the Department of Theory and Methodics in Recreation in the Faculty of Physical Education at the AWF Warsaw. The research areas of interest – physical activity in the elderly. President of European Association of Physical Activity Promotion in 50 plus, author of Program of Recreation for Older Adults Program (PRROS).



**Sylwia Metel**, Ph.D., works at the Department of Physiotherapy in the Faculty of Health Science at the Jagiellonian University CM. Certificated therapist in PNF and McKenzie methods, board member of Polish Association of Rehabilitation in malopolskie region. Coordinator of the project on influence of exercises on functional abilities and quality of life in the elderly with back pain.



Michał Myck, Ph.D., analyst at the German Institute for Economic Research (DIW Berlin) and acting Director of the Center of Economic Analyses in Szczecin (CenEA). Cooperate with University of Warsaw and London Institute for Fiscal Studies. From 2005 coordinates polish part of SHARE project: 50+ in Europe (Survey of Health, Ageing and Retirement in Europe).



Natalia Morgulec-Adamowicz, Ph.D., Head of the Department of Adapted Physical Activity in the Faculty of Rehabilitation at the AWF Warsaw. In 2002 received European Master Degree in APA (EMDAPA) from the KULeuven, Belgium. Current research areas — exercise physiology of individuals with spinal cord injury, game efficiency in wheelchair rugby and professional training in APA. Co-organizator of Polish Wheelchair Rugby League and Secretary of PTN-AAF.

#### **Instruction for Authors**

Only papers reviewed and accepted by the Scientific Committee, and presented at the conference will be published as a monography.

#### **Publishing requirements:**

- 1. Manuscript should have form 10 to 12 pages (A4) of text in Polish or English, including tables, figures and appendixes.
- name(s) of author(s) with affiliation(s)
- title
- abstract (250 words)
- manuscript should have the following structure: introduction, material/methods, results, discussion and references
- references should be arrange alphabetically:
  - Blessing D., McCrimmon D., Stovall J., Williford H. [1993]: The effect of regular exercise programs for visually impaired and sighted schoolchildren. Journal of Visual Impairment & Blindness, 87: 50-52.
  - 2. Jankowski L., Evans J. [1981]: The exercise capacity of blind children. Journal of Visual Impairment & Blindness, 75: 248-251.
  - 3. Kiwerski J. [1997]. Patofizjologia uszkodzen kregoslupa i rdzenia kregowego. W: Kiwerski, J., Kowalski M., Krasuski M. (red.) *Schorzenia i urazy kręgosłupa*. Warszawa, PZWL: 130-156.
- identify references in the manuscript with use of box bracket for authors names and year of publication e.g. [Janowski and Evans 1981] lub [Bessing et al. 1993] or [Kiwerski 1997]
- Use Microsoft WORD: font Times New Roman, font size -12 pt, spacing 1,5, margins -2.5 cm.
- 3. Each table together with its number, title, and annotations, should be submitted on a separate file. Identify the places where tables should be included within the text.
- 4. Each figure, picture or scheme, together with its number, title, and annotations, should be submitted on a separate file. The recommended file formats for figure, picture or scheme are: \*.jpg, \*.tif, with an image resolution min. 300 dpi. Identify the places where figure, picture or scheme should be included within the text.
- 5. Manuscript should be submitted in both paper and electronic (by e-mail or on CD/DVD) version.

## **Organizing committee address:**

PTN-AAF,

Józef Piłsudski University of Physical Education in Warsaw, Faculty of Rehabilitation ul. Marymoncka 34, 00-968 Warsaw 45, tel./fax (22) 835-47-98\_tel. 8340431 ext. 549. e-mail: ptnaaf@awf.edu.pl. www.ptnaaf.pl

## Invited speakers for 1st International Conference

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prof. Yves Vanlandevijck, Catholic University of Leuven, Belgium

Ass. Prof. Aija Klavina, Latvian Academy of Sport Education, Latvia

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Ass. Prof. Andrzej Kosmol, AWF Warsaw, PTN-AAF

Ass. Prof. Ewa Kozdroń. AWF Warsaw

Joanna Sobiecka, Ph.D., AWF Krakow, PTN-AAF

Sylwia Metel, Ph.D., Jagiellonian University Collegium Medicum

Michał Myck, Ph.D., DIW-Berlin, Project SHARE

Natalia Morgulec-Adamowicz, Ph.D., AWF Warsaw, PTN-AAF





