

CONFERENCE PROGRAMME

5TH INTERNATIONAL CONFERENCE OF POLISH SCIENTIFIC ASSOCIATION OF ADAPTED PHYSICAL ACTIVITY (PTN-AAF) 16 – 17 November 2017

“KEY PROBLEMS OF ADAPTED PHYSICAL ACTIVITY”

16 November 2017

09:00 - 10:00 Registration (Hall of the AWF Main Building, ul. Królowej Jadwigi 27/39 – entrance A)

10:00 - 10:30 Official Opening (the AWF Aula, ul. Królowej Jadwigi 27/39 – entrance A)

- Conference opened by *Professor Andrzej Kosmol, the President of PTN-AAF,*
- address by *Professor Dariusz Wieliński, the AWF Rector,*
- address by *Joanna Styczeń-Lasocka, the National Director of Special Olympics Poland,*
- address by *Łukasz Szeliga, the President of Polish Paralympic Committee,*
- *awarding outstanding athletes/promoters of sport of people with disabilities with the statuette “TORCH OF PROFESSOR JAN DZIEDZIC”*

10:30 – 13:00 SESSION I „Theoretical foundations of adapted physical activity”

Chair: associate professor Joanna Kruk, US, Professor Andrzej Kosmol

10:30 - 11:00 Wiesław Osiński

The conception of health-related fitness (H-RF) as a theoretical basis for designing adapted physical activity.

11:00 - 11:30 Aleksander Ronikier

The role of adapted physical activity in geriatric care.

11:30 - 12:00 Roy McConkey

Sports and intellectual disability: clash of cultures?

12:00 - 12:30 Maria Blahutkova, Miroslav Sližik

The share of mental training in performance for handicapped athletes.

12:30 - 13:00 Helena Sęk

Health psychology as a theoretical basis of professional assistance aimed at people with disabilities.

13:00 – 13:20 **Coffee Break**

13:20 – 14:10 **Round table discussion on “Theoretical foundations of adapted physical activity”**

*Chair: associate professor Natalia Morgulec-Adamowicz, AWF,
associate professor Anna Zwierzchowska, AWF, Professor Stanisław Kowalik*

14:10 – 15:00 **Dinner** (Didactic building, rooms 11, 14)

15:00 – 16:45 **SESSION II “Improving the practice of adapted physical activity targeted at children and youth with disabilities”**

*Chair: associate professor Ryszard Plinta, ŚUM,
associate professor Tomasz Tasiemski, AWF*

15:00 - 15:15 Emilia Nagórka, Karolina Skrobek, Katarzyna Jakubowska
Review of available forms of AAF at early educational stages of children with moderate and severe disability.

15:15 - 15:30 Marta Wieczorek, Aleksandra Sadziak, Natalia Twardowska
Emotional experiences of physical education lessons in pupils with intellectual disability.

15:30 - 15:45 Tomasz Sahaj
Adapted physical activity of people with autism spectrum disorders – selected case studies.

15:45 - 16:00 Andrzej Myśliwiec
Stress levels in children with intellectual disability during motor activities – pilot study.

16:00 - 16:15 Anna Maria Nowak, Anna Nadolska
Assessment of the zone of proximal development in children with intellectual disability.

16:15 – 16:30 Andy Dalziel
Better Movers and Thinkers (BMT): A Study Into the Impact of Physical Education, Physical Activity and Coordination on Children’s Cognition.

16:30 – 16:45 Katarzyna Górecka, Małgorzata Skoczyńska, Magdalena Koper
The impact of Bilateral Integration School Programme on the motor development of early school children.

16:45 – 17:00 **Coffee Break**

17:00 – 18:00 Round table discussion on “Improving the practice of adapted physical activity targeted at children and youth with disabilities”

Chair: Professor Vlasta Karaskova, associate professor Marta Wieczorek, AWF

18:15 – 19:00 Session of PTN-AAF members of Polish Scientific Association of Adapted Physical Activity

20:00 – 23:00 Banquet

17 November 2017 (the AWF Aula, ul. Królowej Jadwigi 27/39 – entrance A)

09:00 – 11:00 Workshops / Didactic and Sports Hall

09:00 - 10:00 Amp Football (Zofia Kasińska) / sports hall
Bilateral Integration (Andy Dalziell) / room nr 102.

10:00 – 11:00 Table tennis for blind and partially sighted people (Leszek Szmaaj, Mirosław Górny) / room nr 102
Special Olympics Judo (Dariusz Migdałek) / sports hall.

11:00 – 11:20 Coffee Break

11:20 - 15:30 SESSION III “Improving the practice of adapted physical activity targeted at adults and seniors with disabilities”

Chair: Joanna Sobiecka, PhD, associate professor Bartosz Molik, AWF

11:20 – 11:45 Joanna Sobiecka, Wojciech Gawroński, Marta Kądziołka, Paweł Kruszelnicki, Jadwiga Kłodecka-Różalska, Ryszard Plinta
Opinions of Polish national team athletes and coaches on the conditions of preparation for 15th Summer Paralympic Games in Rio de Janeiro 2016.

11:45 - 12:00 Andrzej Kosmol, Natalia Morgulec-Adamowicz, Bartosz Molik
Adapted Physical Activity (APA) in rehabilitation – in search of scientific evidence.

12:00 - 12:15 Anna Nadolska, Magdalena Koper, Maciej Wilski
Body image in Special Olympics athletes.

12:15 - 12:45 Paweł Żychowicz, Angelika Rowińska
The possibility of undertaking judo by persons with intellectual disability.

- 12:45 - 13:00 Izabela Rutkowska
The effects of intervention programme aimed at improving balance capacity in people with visual impairments.
- 13:00 - 13:15 Grzegorz Bednarczuk
The level of static balance in people with visual impairments practicing air shooting.
- 13:15 - 13:30 Dariusz Rutkowski
Table ball games for people with visual impairments.
- 13:30 - 13:45 Coffee Break**
- 13:45 - 14:00 Zofia Kasińska, Tomasz Tasiemski
Postural stabilisation and the risk of falling in athletes practicing Amp football.
- 14:00 - 14:15 Wojciech Wiliński, Marta Wieczorek
The effect of inbrahumanization of „others” (athletes with impairments) in physical education students.
- 14:15 - 14:30 Aleksandra Sadziak, Wojciech Wiliński
Sports personality and body image satisfaction in deaf women practicing basketball.
- 14:30 - 14:45 Małgorzata Janiaczyk
Satisfaction with life in para-badminton players.
- 14:45 - 15:00 Joanna Kruk, Natalia Niewiadomska
Negative emotions in women with motor impairment practicing sport.
- 15:00 - 15.15 Krystyna Gawlik, Anna Zwierzchowska
Evolution in body build and body posture of elder women at various ages.
- 15:15 – 15:30 Witold Winnicki
Modification of the „walking on a balancing beam in a standing position” test in Eurofit Special – pilot study.
- 15:30 - 15:45 Closing Summary and Conference end**
- 15:45 Conference Dinner**

ADDITIONAL INFORMATION

1/ Please observe the time limit

The time limit set out for presentations is 10 minutes followed by 5 minutes for questions and discussion.

2/ Booking accommodation: IBIS Poznan Hotel ul. Kazimierza Wielkiego 23, 61-863 Poznań (easy Access to the AWF - c. 700 metres) tel.: +48 61 858 44 00 fax: +48 61 858 44 44 e-mail:

H3110-RE@accor.com When booking please quote "APA Conference AWF".

Prices: single room – 169 PLN; double room - 210 PLN.

3/ Please inform the organisers by e-mail (e-mail: kowalik@awf.poznan.pl) until 31 October 2017:

- if you are planning to participate in the dinner on the last day of the conference (17.11.2017)?
- If you prefer a vegetarian or non-vegetarian meal?

4/ Members of the Scientific Committee and participants chairing sessions and moderating discussions:

- do not cover the costs of meals, accommodation, banquet,
- cover the travel costs,
- please inform the organisers about your arrival and departure dates until 10 October 2017 to enable the organisers of the conference to book accommodation.

5/ Workshops participants are requested to wear sports clothes and suitable shoes.