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*Faculty of Rehabilitation
30th Anniversary
Celebration*

Józef Piłsudski University
of Physical Education in Warsaw

24-25th October 2014

Organizer:

Faculty of Rehabilitation, AWF Warsaw

ul. Marymoncka 34, 00-968 Warsaw

tel./fax: 00 48 22 835 47 98 tel.: 00 48 22 834 04 31 ext. 549

e-mail: 30lat.wr@awf.edu.pl

www.apafss.eu/en/conference

Main Sponsor**Organizers:****Organizing Partners:****Honorary Patronage:**

European Network of Physiotherapy in Higher Education

PATRONAT HONOROWY PREZYDENTA
MIASTA STOŁECZNEGO WARSZAWY

Dear Colleagues,

In 1984 the Faculty of Rehabilitation at AWF Warsaw was created. The first Dean of the Faculty was Prof. Andrzej Seyfried – eminent scientist, a great teacher and a dedicated friend of youth. After passing away of the Professor (in 2009) the employees and graduates of the Faculty felt strong need to continue the research and education work of the Professor. The idea of organizing regular international conferences under the title „Prof. Andrzej Seyfried Physiotherapy' Ideas” was born.

This year the fourth edition of the conference is organized. It is combined with the celebration of the 30th anniversary of the Faculty of Rehabilitation. The celebration will provide an excellent opportunity to honor Professor Seyfried's legacy with a ceremony of dedicating a newly opened lecture hall to his name. The conference program integrates the theory and practice of rehabilitation by offering a variety of sessions focused on trends in the rehabilitation in 21st century and workshops on related topics led by national and international physiotherapy experts. The celebration will be accompanied by an Alumni Meeting, by a traditional Ball of the Faculty of Rehabilitation, and by an exhibition titled „Rehabilitation World”.

I warmly invite all academics and practitioners – physiotherapists, physicians, occupational therapists, specialists of adapted physical activity including physical educators and disability sport coaches, nurses, psychotherapists and other health care professionals to participate in the conference. It will provide an excellent opportunity to further develop the ideas of rehabilitation pioneered by Prof. Andrzej Seyfried. We will be pleased to host You at our University in the renovated building of the Faculty of Rehabilitation to jointly celebrate the 30th anniversary of the Faculty.

Dean of Faculty of Rehabilitation

Prof. Andrzej Kosmol

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*4th International Conference
of Prof. Andrzej Seyfried
Physiotherapy' Ideas*

Adapted physical activity
in rehabilitation and education

24-25th October 2014

Honorary Committee

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 prof. Krystyna Księżopolska-Orłowska, National Medical Rehabilitation Consultant
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 prof. Maria Kutzner-Kozińska, AWF Warsaw
 prof. Zbigniew Lew-Starowicz, AWF Warsaw
 prof. Aleksander Ronikier, AWF Warsaw
 prof. Kazimierz Rapała, AWF Warsaw
 prof. Halina Seyfried, Institute of Hematology and Blood Transfusion
 prof. Zbigniew Śliwiński, National Physiotherapy Consultant
 prof. Marek Woźniewski, Chairman of KRKFIS of Polish Academy of Sciences
 prof. Andrzej Zembaty, AWF Warsaw
 prof. Anna Ziemilska, AWF Warsaw
 dr Jerzy Beck, AWF Warsaw
 dr Marek Kiljański, Chairman of Polish Society of Physiotherapy
 dr Piotr Soszyński, Medicover Board Member
 dr Ryszard Wysoczański, Chairman of Alumni Association of AWF Warsaw

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dr Paweł Targosiński	Małgorzata Jarosz-Milik
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Conference

Adapted physical activity in rehabilitation and education

conference place:

Józef Piłsudski University of Physical Education in Warsaw
ul. Marymoncka 34, Combat Sports Pavilion (Pawilon Sportów Walki)
Information on accommodation is on page 18 of announcement

conference language:

Polish and English

conference fee:

active participation:

150 PLN (before 30.06.2014) **250 PLN** (after 30.06.2014)

passive participation:

100 PLN (before 30.06.2014) **120 PLN** (after 30.06.2014)

listener

free of charge

Please make the payment by Bank Transfer to:

Bank name: PKO BP Oddział 2

Bank address: Warsaw, ul. Mickiewicza 25

Account number: 70 10201026 0000 1702 0145 2291

SWIFT: BPKOPLPW

IBAN: PL70102010260000170201452291

NOTE: „Conference 30WR – first and last names of participant”

on-line registration (from 15.03.2014):

www.apafss.eu/en/registration

Active participation

Active participation includes:

- presentation (oral or poster),
- participation in one workshop,
- conference materials (supplement of Advances in Rehabilitation with conference abstracts and certificate),
- entrance for exhibition „Rehabilitation World”,
- 2 coffee breaks and lunch on 24th Oct 2014,
- coffee break and lunch on 25th Oct 2014.

Abstract:

Abstract preparation includes:

- presentation form: oral or poster,
- thematic session (when oral presentation),
- author/s first and last names with affiliation,
- title,
- body of abstract max. 250 words,
- structure of abstract:
 - original work** – introduction, material, methods, results, conclusions;
 - review and systematic review** – introduction, main text and conclusions;
 - case** – introduction, case description, discussion, conclusions.

On-line abstract submission:

www.apafss.eu/en/registration

Abstract on-line submission: 15.03.2014 – 18.05.2014

Notification of acceptance: 1.06.2014

Oral presentation:

Length of oral presentation is max. 10 min. Organizers provide access to a multimedia projector and computer with Microsoft Office PowerPoint 97-2003 (.ppt) software.

Poster presentation:

The poster shall be easily readable from the distance of 1 m and should fit a

board 0.9 m wide and 1.5 m high. All posters should have the following structure: name(s) of author(s), affiliation, title, purpose of study, method, results, and conclusions.

Scientific Committee reserves the final decision on presentation form (oral/poster) and thematic session qualification.

Workshops:

Active participant of conference may take part in one of the following workshops. The order of the conference fee payment will determine the participation in the workshop.

WORKSHOP I:

Introduction to Problem Based Learning (PBL)

/ language: English with simultaneous translation into Polish

/ participants number: 30

WORKSHOP II:

Problem Based Learning (PBL) in practice

/ language: English / participants number: 30



/ Raija Kuisma, Ph.D.

These two workshops, one for teachers and one for students aim to demonstrate the PBL process in practice by involving participants as facilitators (teachers) and learners (students). This will be supported by discussion of the principles and theories of PBL. The workshop will start with introduction of a problem/trigger from real life physiotherapy practice. Participants work around this trigger following the process commonly used in PBL programmes. Teachers will first engage in the process as learners and then facilitate the student's workshop as teachers/tutors. Each workshop will follow the process, but in a short format. Theories, practices, benefits and challenges of PBL will be discussed.

WORKSHOP III:

Current trends in orthopedic physical therapy. Application of soft tissue technique in treatment of miofascial disfunction.



/ Z. Grzegorz Balik, M.Sc. and Jacek Mańka, M.Sc.

/ language: Polish / participants number: 30

Manipulation in manual therapy is the reflexive treatment using motor impulse within the physiological range of motion. This rapid maneuver is used according to recommendations only when the joint is blocked, but not due to hypomobility. Manipulation significantly restores motor abilities of blocked joint. The variety of techniques and manipulation techniques especially long lever techniques often arouse controversy. Phenomena tensegrity, biotensegrity, mechanotransduction and creep will be described during workshops with reference to work with connective tissue. Particular emphasis will be placed for miofascial structures, as reason of many pain disorders and movement dysfunctions. In foothold about chosen therapeutic methods concepts (Anatomy Trains, GDS, Fascial Distortion Model – FDM), will be demonstrate different soft tissues techniques.

WORKSHOP IV:

Convergence and comprehensiveness of methods applied in neurological physiotherapy



/ Maciej Krawczyk, Ph.D. and Agnieszka Stępień, Ph.D.

/ language: Polish / participants number: 30

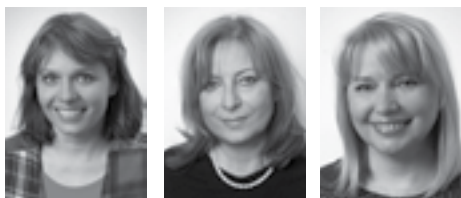
Neurological physiotherapy takes up teaching, reeducation or maintaining body functions and motor activities through triggering changes in the nervous sys-

tem. Growing recognition of neural control mechanisms allowed already to define a scope of action (mainly physical) necessary to realize patient's goals. On the other hand subjectivity of treatment forces to maximize efforts to adjust measures and techniques applied in physiotherapy precisely to patient's needs.

Authors of workshop will demonstrate, giving examples of individual clinical cases (neuromuscular diseases, dysfunctions of the central nervous system), the merging of different neurophysiological concepts and manual techniques on a level of dysfunction analyzing, planning and especially therapy. Authors will try to point out, quoting examples to support thesis, the need for focusing on the local dysfunctions (joints, muscles, visual disorders) to reeducation of complex motor activities (and opposite interrelationship).

WORKSHOP V:

Newest methods of physiotherapy in pediatrics



/ Anna Kloze, Ph.D., Jolanta Stębowska, Ph.D. and Joanna Suchocka, Ph.D.

/ language: Polish / participants number: 30

The main objective of NDT-Bobath neurodevelopmental therapy is to use infant's own movement potential. It is obtained by providing an infant with appropriate sensorimotor experiences to expand his or her independence. That is why, precise biomechanical analysis of patient's dysfunction, accurate assessment of primal and secondary (compensatory) problems and determination of imminent and future therapy goals are absolutely inevitable to undertake an effective action. For optimal support it is also crucial to both assess psychomotor development and start intervention as early as possible. Lately, in neurodevelopmental domain the researches on so called global movements (GMs) are groundbreaking and extremely useful. There are many studies concerning development of spontaneous, endogenously generated by CNS movement activity that is observed in utero for even 8-week-old fetuses. This emerging knowledge provides better understanding of control of movement process as well as clear explanation of causes of abnormal quality in movement and posture patterns.

Passive participation

Passive participation includes:

- conference materials (supplement of Advances in Rehabilitation with conference abstracts and certificate),
- entrance for exhibition „Rehabilitation World”,
- 2 coffee breaks and lunch on 24th Oct 2014,
- coffee break and lunch on 25th Oct 2014.

Listener

Listener may attend plenary, thematic and poster sessions, as well as exhibition „Rehabilitation World”.

Exhibition „Rehabilitation World”

Conference will be accompanied by exhibition of rehabilitation equipment and publishers.



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*Ball of the Faculty
of Rehabilitation
at AWF Warsaw*

24th October 2014

*Ball of the Faculty of Rehabilitation at AWF Warsaw***24th of October 2014, 8 p.m.****ball place:**

Józef Piłsudski University of Physical Education in Warsaw
 ul. Marymoncka 34, Team Games Hall (Hala Gier)
 Information on accommodation is on page 18 of announcement

ball fee:**participant fee:**

160 PLN (before 30.06.2014) **220 PLN** (after 30.06.2014)

accompanying person fee:

160 PLN (before 30.06.2014) **220 PLN** (after 30.06.2014)

Please make the payment by bank transfer to:

Bank name: Bank Zachodni WBK 14 Oddział

Bank address: Warsaw, ul. Kasprzowicza 68

Account number: 66 1090 1014 0000 0000 0303 5233

SWIFT: WBKPPLPP

IBAN: PL 66 1090 1014 0000 0000 0303 5233

NOTE: „Ball 30WR – first and last names of participant”

on-line registration (from 15.03.2014):

www.apafss.eu/en/registration

*Ball of the Faculty of Rehabilitation at AWF Warsaw***program:**

- San Martino Prosecco Extra Dry welcome toast sponsored by **Wine Winestory**,



- the 2014 Graduation Ceremony,
- wheelchair dance show,
- live music and DJ,
- delicious menu (buffet with 17 starters, 6 warm dishes, salad buffet - live cooking, sweets, freshly squeezed juices),
- an interactive light decorations, lottery and much more.

Accommodation

While booking the accommodation until 30.07.2014 on the "30 lat WR" password (or given below reservation number) preferential rates will be applied. After this date the Organizer does not guarantee the availability of accommodation in the following hotels and hostels.

Hotel Ibis Old Town (reservation number: 355523)

ul. Muranowska 2, 00-209 Warsaw

Tel.: 00 48 22 310 10 00, Fax.: 00 48 22 310 10 10

e-mail: H3714-RE@accor.com

[link](#)

price for one night:

single room + breakfast 160 PLN

double room + breakfast 180 PLN

Hostel Pepe (password: "30 lat WR")

ul. Gdańska 25, 01-633 Warsaw

tel.: 00 48 22 865 01 88

e-mail: hostelpepe@gmail.com

[link](#)

price for one night:

double room 95 PLN (double bed, toilet on the hallway)

double room 95 PLN (bunk bed, toilet on the hallway)

4-persons room 145 PLN (toilet on the hallway)

place in 4-persons room 37 PLN/person

Dom Nauki (reservation number: 52/14, password: "30 lat WR")

ul. Schroegera 82, 01-828 Warsaw

reception tel.: 00 48 22 560 10 00, 00 48 22 560 10 16, fax.: 22 560 10 19

e-mail: rezerwacja@cmkp.edu.pl

[link](#)

price for one night: double room with washbasin 50 PLN/person

double room with bathroom 60 PLN/person

single room with bathroom 70 PLN

The Good Place (password: "30 lat WR")

ul. Dewajtis 3, 01-815 Warsaw

tel.: 00 48 22 56 10 100, 00 48 22 56 10 105, fax.: 00 48 22 839 16 45

House Manager tel. + 48 501 570 568

e-mail: drf@mkw.pl

[link](#)

price for one night:

single room + breakfast 85 PLN

double room + breakfast 150 PLN

Student Dormitory „Rotacyjny” (password: "30 lat WR")

AWF Warsaw, building F

ul. Marymoncka 34, 00-968 Warsaw

reception tel.: 00 48 22 834 04 31 ext. 386, 00 48 22 834 62 79

e-mail: rezerwacja.pokoje@awf.edu.pl

single and double rooms in 8 segments (2+1) and 1 segment (3 + 1)

Each segment consists of single and double or 3-persons rooms and shared kitchen and bathroom.

price for one night:

single room 80 PLN

double room 120 PLN

double room for one person 90 PLN

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