



ECEBAT

WE WOULD LIKE TO

INVITE YOU TO

PEARL OF AEGEAN



1st EUROPEAN CONFERENCE ON EVIDENCE BASED AQUATIC THERAPY



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Why a conference on Evidence Based Aquatic Therapy?

On behalf of the scientific committee, I want to express my pleasure to introduce the **1st European Conference on Evidence Based Aquatic Therapy (ECEBAT)**: a peer reviewed conference focusing on the state-of-science in aquatic therapy.

I first want to define Aquatic Therapy and I would like to combine and adapt the descriptions, used by the aquatic physical therapy network of the World Confederation of Physical Therapy:

"Aquatic Therapy is a programme, using mechanical, thermal and chemical characteristics of water during partial or complete immersion, in combination with the effects of movement. It evokes short-term and long-term adaptational mechanisms of a person with a deranged biological system. The use of environment-related constraints to create psycho-biological effects should improve function, activities, participation and quality of life. Aquatic Therapy is carried out by staff with appropriate knowledge and competence, ideally in a purpose built pool".

At **ECEBAT** the term Aquatic Therapy will encompass the entire area from passive immersion to high intensity aquatic movements, all focused on achieving health benefits by using water.

Aquatic Therapy is in fact a popular professional field in health care, considering the amount of research, educational courses, aquatic facilities, Facebook groups and hits on e.g. Google or YouTube. But popularity isn't enough. Clinical practice must be justified through the application of research results in combination with professional expertise and accounting for the patient's preferences. These are the cornerstones of evidence based clinical practice. Although practice has traditionally been founded on clinical expertise, aquatic therapy research has increased enormously and in general supports the health effects of aquatic therapy in various patient groups. The profession has to be critical however. Because of its popularity many claims of potential health benefits are made but without proper evidence base. In view of restricted resources (moneywise and waterwise), Aquatic Therapy should be used for those patient categories that benefit most.

This conference will try to add a new stepping stone to the development of aquatic therapy, continuing a long European tradition of clinical practice, development of methods and networking in research.



I hope that we will be able to welcome many delegates to enjoy the scientific programme of our conference, supported by the cultural spirit of Izmir

Johan Lambeck
Chairman Scientific Committee

1st European Conference on Evidence Based Aquatic Therapy

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HONORARY CHAIR

Mehmet FUZUN, Rector of DEU

SCIENTIFIC COMITTEE

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Burcu Aplaç Arın PT, MSc

Head Physiotherapist

Balcova Thermal Centre
Izmir, Türkiye



@IZMİR TURKEY 21-23 MARCH 2013

www.aquatherapy2013.org

GENERAL INFO

Congress Venue

Balcova Thermal Hotel ★★ ★
Izmir / Turkey

Congress Date

March 19-21, 2013 Pre conference workshop
March 21-23, 2013 Aqua Therapy Congress

Congress Web Site

www.aquatherapy2013.org

Congress Language

English

Badges and Identification

Registration badges will be used during the congress.

For identification purposes and admission to the session hall, participants are requested to wear their badges.

Admission to the congress site will not be allowed without badge identification.

Official Invitation, Passport and Visa Requirements

Official invitations will be prepared by the Organising Committee, if requested.

Those who come from countries for which the Turkish Government requires a visa, will need to ensure that they complete the necessary visa procedures prior to their departure for Turkey.

The addresses of Turkish Embassies worldwide can be obtained from the Organising Committee

CONTACT INFORMATION



Organisation Secreteriat

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MAIN TOPICS

Musculoskeletal
Neurology
Aquatic research
Aquatic education
Balneology
Cardiopulmonary
Chronic conditions
Elderly
Guidelines

Intellectual disabilities
Internal medicine
Lifestyle disorders
Pain
Pediatrics
Safety and Hygiene
Sports injuries
Women's health

SCIENTIFIC PROGRAM

Thursday March 21,2013

14.30 – 15.30		Opening speeches:
		<ul style="list-style-type: none">Chair of scientific committee : Health Benefits Through Aquatic TherapyDirector of DEU School of Physical Therapy and RehabilitationRector of DEU
16:00 - 16:30	Keynote 1	Z. Karagulle (MD) The role of immersion to support aquatic physical therapy
16:30 - 17:00	Keynote 2	B.Becker (MD): Aquatic Therapy: Scientific Foundations and Clinical Rehabilitation Applications
17:30 - 18:45	Panel	The future of Turkish Health Tourism (Türk Sağlık Turizminin Geleceği: Su içi tedavi)
19:00 - 20:30		Welcome Reception

Friday March 22,2013

09:00 - 09:30	Keynote	U. Gamber Aquatic Therapy in Neurology, the state-of-the-art
09:30 - 11:00		Short communications 15 minutes (10 min + 5 min disc.)
Coffe break		
11:30 - 12:00	Keynote	B. Waller Aquatic Physical Therapy in musculoskeletal diseases: current evidence
12:00 - 13:30		Short communications 15 minutes
13:30 - 15:00		Posters and lunch
15:00 - 15:50	Keynote	J. Güeita Aquatic Physical Therapy in Pediatrics: current evidence
15:30 - 16:30		Short communications
Coffe break		
17:00 - 17:30	Keynote	D. Daly Aquatic Physical Therapy in geriatrics: current evidence
17:30 - 18:00		Short communications
19:30		Gala Dinner

Saturday March 23,2013

09:00 - 09:30	Keynote	B. Gürpınar Aquatic Physical Therapy in Women's Health; current evidence
09:30 - 11:00		Short communications 15 minutes
11:00 - 11:45		Posters and Coffee
11:45 - 12:45		Closing remarks and end of the conference
12:45 - 14:00		Lunch
14:00 -		Departure to Pamukkale thermal water site

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INSTRUCTIONS FOR ABSTRACT PREPERATION

The abstracts that will be presented during the congress will only be accepted by filling the abstract forms in this official website address:

For abstract submission, an online system has been activated at congress web site

Poster Presentation

- Posters must be no longer than 70 cm x 95 cm.
- Font size selected should be readable from a distance of at least 1m.
- Delegate's name, surname and address should be mentioned and delegate's name should be underlined.

Oral Presentation

- The Organizing Committee will select a limited number of abstracts for oral presentations.
- Each speaker will be allocated 10 minutes for his or her verbal presentation, plus 5 minutes for questions.

Presentation Preview Room

- VHS video players and multimedia projectors will be available in every congress hall.
- Presentations should be prepared using Microsoft PowerPoint® and copied to VCD or DVD.
- Technical equipment needed during the presentations should be requested in detail on the presentation forms.
- Presentations must be given to the speakers' room by the presenter during registration.
- Speakers who want to check their presentations should be ready in the Presentation Preview Room at the time given.

KEY DATES

October 1st, 2012	Deadline for abstract submission
November 15th, 2012	Announcement of accepted abstracts

@ZMIR TURKEY
21-23 MARCH 2013
www.aquatherapy2013.org

REGISTRATION AND ACCOMMODATION INFORMATION

Accommodation	Early Registration Oct. 31, 2012 & Before		Late Registration Nov 01, 2012 & After	
	Single	Double	Single	Double
Participant				
3 Nights Package (*)	380 €	600 €	430 €	700 €
Additional overnight	85 €	120 €	95 €	140 €

*3 Nights Fullboard (breakfast, lunch and dinner) accommodation, welcome cocktail and coffee breaks are included.

Registration

Participant	280 €	320 €
WCPT-APTI Members	260 €	290 €
TFD Members	220 €	280 €
Student (*)	100 €	120 €

* Students are requested to attach a letter taken from their department directors verifying their status.

Registration Fees for Workshop

Participant Per Workshop	75 €
TFD Members per workshop	60 €

One coffee break is including.

Social Program Fee March 23, 2012

	Per person in Double Room	SGL Suppl.
Ephesus / House of Virgin Mary & Pamukkale *	115 €	20 €

Social program Package rates include: Entrances, transport, guiding and 1 overnight in Pamukkale

Transfer Fee

Izmir Adnan Menderes Airport - Hotel per person round trip	40 €
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BANK ACCOUNT INFO

Hesap Sahibi	ALICO TURİZM LTD. ŞTİ.	Swift	YAPITRIS
Banka	YAPI KREDİ BANKASI	TL IBAN	TR37 0006 7010 0000 0089 4788 28
Şube	İZMİR / YENİ LIMAN ŞUBESİ	EURO IBAN	TR69 0006 7010 0000 0089 4788 34

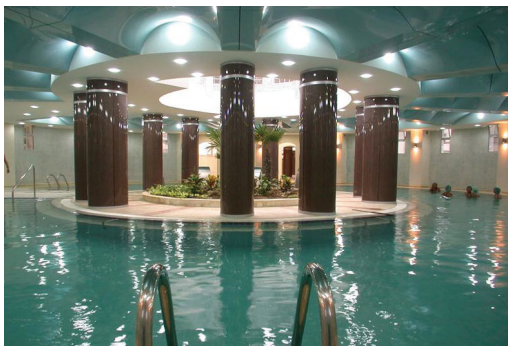
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HOTEL INFORMATION



Balçova Termal Otel

<http://www.balcovatermal.com/>



SOCIAL ACTIVITIES



Ephesus



House of Virgin Mary



Pamukkale



Hierapolis

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