

**APA, Warszawa  
2011, October**



INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

# **The significance of APA education and research (European perspectives)**

**Faculty of Physical Culture,  
Palacký University,  
Olomouc, Czech Republic**  
Hana.Valkova@upol.cz



# G E O G R A P H Y



# Olomouc historical preservation,

University 1573, - 1946,

22.000 students

Faculty of Physical Culture 1991

2.000 students

APA

1991 per year 20 graduates



# SURVEY OF PRESENTATION

- 1. APA terminology, structure
- 2. Principles of APA understanding
- 3. APA education
- 4. APA professional competences
- 5. Full time, part-time study form,
- 6. International cooperation
- 7. Research
- 8. Important contacts, information

# Definition : APA - APE

All definitions stressed:

- multi-disciplinarity, cross-disciplinarity,
- modification of environment,
- quality of life & well-being

LIMITS of individual are FIXED,  
CONDITIONS has to be ADAPT

- Sport of disabled – disability sport;  
corrective PE;  
therapeutich PA; special PE
- **Special education**  
**(old fashioned: defectology)**



# APA – APE: domains

- Age spectrum (life-span)
- Domains: education – practice – research
- Issues: recreation – school PE – top sport
- Environment: separate – parallel - inclusive

- Category – individual
- Specific environment





# APA: principles of understanding

1. contact theory
2. perception „the different“
3. Categorical – non-categorical approach
4. Mobility – motor competence (daily life – sport)
5. Principles of adaptation
6. Theory of empowerment (independent living)

- Based on: physiotherapy – education
  - ⇒ „sandwich“ structure ⇒ module study
- Bologna agreement principles
- structured study – ECTS
- obligatory/optional courses
- Modul study





# Olomouc example

## **Bc – Mgr Differences in Teaching Competencies**

- **4 basic modules (state exam)**
  - ★ **Ped.-psych. competencies**
  - ★ **PE TEACHERS program**
  - ★ **SPECIAL EDUCATION**
  - ★ **special DIDACTICS**

2011, October Professional competences – job  
national legislation

- Teachers in PA-PA domain:  
general, inclusive, special setting (Bc –  
assistant)
- Educators
- Coaches
- Municipalities
- Advisors
- Research



## Full-time, part-time study

- Equal rights, study period, requirements, diploma
- Trends in Bc and MA – from full time to part-time
- Faculty reaction
- Study forms advantages - disadvantages

# European cooperation and networks

- Socrates/Erasmus - bilateral agreements
- EMDAPA (90ies)
- DEU APA
- CEEPUS
- Network for German speaking...
- Regional cooperation
- Erasmus-Mundus 1st, 2nd

[www.mundus.amu.edu.pl](http://www.mundus.amu.edu.pl)

# APA research

- **WHY ???**
- *to improve the situation in practice*
- *to improve intellectual know-how and theory*
- *HOW ?*  
*like others...*

**THEORY - PRACTICE**



# Purpose of research

- diagnoses, differences, similarities
- early intervention, long-life intervention
- intervention programmes:
  - suitability, attractivity
  - effectiveness – several aspects: economy
    - education, formation
    - health and fitness
    - well-being
- changing attitudes of parents, public awareness
- presentation of skills, ability, behaviour
- dignity of person's with: mental disability, „different“



- Findings, results explanation
- Research findings presentation:
  - publishing (ped. journals, conferences, public seminars-workshops, projects composition)
- Next research steps

# Important contacts

- [www.ifapa.biz](http://www.ifapa.biz)
- [www.eufapa.upol.cz](http://www.eufapa.upol.cz)
- [www.apa.upol.cz](http://www.apa.upol.cz)
- [www.eusapa.upol.cz](http://www.eusapa.upol.cz)
- [www.eaip.eu](http://www.eaip.eu)
- [www.ensee.de](http://www.ensee.de)
- <http://e-mundus.upol.cz>

# Theory – practice – education research



T  
H  
A  
N  
K  
S



INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ